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No. 124 514 / NC

From: Registrar,

West Bengal Nursing Council.

Date: 26.07. 2019.

The West Bengal Nursing Council is furnishing under mentioned sheet for the Bridge Programme Certificate on Community Health for Nurses (BPCCHN 06 months course) for the July 2019 Session.

1. SAMPLE MASTER ROTATION PLAN FOR PRACTICAL EXPERIENCE.
2. KEY SAMPLE AREA WISE ROTATION PLAN.
3. TENTATIVE MASTER ROTATION PLAN FOR 06 MONTHS BRIDGE COURSE OF COMMUNITY HEALTH NURSING.
4. DISTRIBUTION OF THEORY CLASS HOURS SUCH AS COUNSELLING HOURS (TENTATIVE).
5. DISTRIBUTION OF THEORY CLASS HOURS SUCH AS SELF STUDY WITH SUPERVISION (TENTATIVE).
6. DISTRIBUTION OF HOURS OF UNIT TEST AND INTERNAL ASSESSMENT TEST (TENTATIVE).
7. DISTRIBUTION OF CLINICAL HOURS WITH SUPERVISION (TENTATIVE).
8. DISTRIBUTION OF COMMUNITY HOURS WITH SUPERVISION IN BPHC (TENTATIVE).

With regards



Manashi Saha  
Registrar  
West Bengal Nursing Council

16.07.19.

## SAMPLE MASTER ROTATION PLAN FOR PRACTICAL EXPERIENCE

Group	District Hospitals	Block Primary Health Centre	Primary Health Centre	Sub Centre
	34 days (4 hours /day ) 34daysx4hours=136 hours	10 days (6 hours/day= 10 days x6hours=60 hours	6 days (6 hours/day) 6daysx6 hours=36 hours	12 days (6 hours/day = (12 daysx6 hours=72 hours)
A				
B				
C				
D				

No of Group =4

Students in Group=15 .

District Hospital	Block Primary Health Centre	Primary Health Centre	Sub- Centre
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26.07.19.REGISTRAR  
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# KEY SAMPLE AREA WISE ROTATION PLAN

DISTRICT HOSPITAL		BLOCK PRIMARY HEALTH CENTRE		PRIMARY HEALTH CENTRE		SUB CENTRE	
<b>X</b>	Communicable Disease and non communicable diseases	<b>X</b>	Communicable Disease and non communicable diseases	<b>X</b>	Communicable Disease and non communicable diseases	<b>X</b>	Communicable Disease and non communicable diseases
<b>#</b>	Mental, Dental , care, Geriatric care, Eye and ENT	<b>#</b>	Mental, Dental , care, Geriatric care, Eye and ENT	<b>#</b>	Mental, Dental , care, Geriatric care, Eye and ENT	<b>A</b>	Care in pregnancy, Neonatal and Infant Health
<b>*</b>	Common illness and emergencies	<b>*</b>	Common illness and emergencies	<b>*</b>	Common illness and emergencies	<b>..</b>	Child Health & adolescent health, reproductive health and contraceptive devices
<b>A</b>	Care in pregnancy , Neonatal and Infant Health	<b>A</b>	Care in pregnancy , Neonatal and Infant Health	<b>A</b>	Care in pregnancy , Neonatal and Infant Health	<b>e</b>	Village Health & Nutrition day (VHND)
<b>..</b>	Child Health & adolescent health, reproductive health and contraceptive devices	<b>..</b>	Child Health & adolescent health, reproductive health and contraceptive devices	<b>..</b>	Child Health & adolescent health, reproductive health and contraceptive devices	<b>\$</b>	Home Visit
						<b>B</b>	Meetings and events in community

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# TENTATIVE MASTER ROTATION PLAN FOR 06 MONTH BRIDGE COURSE OF COMMUNITY HEALTH NURSING

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
Group A																												
B																												
C																												
D																												

COUNSELING HOURS	DISCUSSION WITH COUNSELORS	SELF STUDY HOURS	DH	UNIT TEST (18)	INTERNAL ASSESSMENT TEST(THEORY)	BPHC	PHC	SC	INTERNAL ASSESSMENT TEST (PRACTICAL)	GH	PREPARATORY LEAVE	TERM END EXAMINATION (THEORY)	TERM END EXAMINATION (PRACTICAL)
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# **DISTRIBUTION OF THEORY CLASS HOURS SUCH AS COUNSELING HOURS (TENTATIVE)**

WEEK	SESSION	HOURS/DAY AS PER COURSE	TOTAL HOURS/WEEK	ACTUAL COUNSELLING HOURS TO BE PLANNED	REMARKS IF ANY
1 <sup>ST</sup>	counselling	<ul style="list-style-type: none"> <li>6 hours/day from Monday to Friday</li> <li>4 hours/day for Saturday</li> </ul>	34 hours/ week	26 hours	<ul style="list-style-type: none"> <li>1<sup>st</sup> day: Admission , inauguration .</li> <li>From 2<sup>nd</sup> day to fifth day- 6 hours/day X 4days= 24 hours + 2 hours Saturday = 26 hours</li> </ul>
2 <sup>ND</sup>	counselling	<ul style="list-style-type: none"> <li>6 hours/day from Monday to Friday</li> <li>4 hours/day for Saturday</li> </ul>	34 hours/week	32 hours	<ul style="list-style-type: none"> <li>Monday to Friday 6 hours X 5 days= 30 hours</li> <li>Saturday 2 hours/day = 2 hours</li> </ul>
3 <sup>RD</sup> - 8 <sup>TH</sup>	counselling	2 hours/day from Monday to Friday	10 hours / week	60 hours	<ul style="list-style-type: none"> <li>3<sup>rd</sup> to 8<sup>th</sup> week, 2 hours/ day x 5 days= 10 hours X 6 weeks = 60 hours</li> </ul>
9 <sup>th</sup>	counselling	In 9 <sup>th</sup> week =6 hours / day , from Monday to Friday. In 9 <sup>th</sup> week = 4 hours/ day in Saturday	3 hours/ week	34 hours	<ul style="list-style-type: none"> <li>9<sup>th</sup> week, 6 hours /day X 5 days = 30 hours</li> <li>In Saturday 4 hours= 4 hours</li> </ul>

Total counselling hours : 26 + 32 + 60 + 34 = 152 hours (76 + 76 ) hours for 2 subjects to be planned to be covered .

N.B : Plan may vary depends on situation but counselling hours remains same

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26.07.19.

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**DISTRIBUTION OF THEORY CLASS HOURS SUCH AS SELF STUDY HOURS WITH SUPERVISION (TENTATIVE)**

WEEK	SESSION	HOURS/DAY AS PER COURSE	TOTAL HOURS/WEEK	ACTUAL SELF STUDY HOURS TO BE PLANNED
2 ND	Self Study	In Saturday 2 hours / week	2 hours / week	2 hours
10 th week	Self Study	6 hours/ day from Monday to Friday 4 hours/ day in Saturday	34 hours/week	34 hours
18 th week	Self Study	6 hours/ day from Monday to Friday 4 hours/ day in Saturday	34 hours/week	34 hours
19 th- 23 rd	Self Study	6 hours/ day X 3 days	18 hours / week X 5 week	90 hours

Total self study hours :  $2 + 34 + 34 + 90 = 160$  hours (80 + 80 ) hours for 2 subjects to be planned for self study to be covered (Sanctioned self study hours under supervision).

N.B : Plan may vary depends on situation but self study hours under supervision remains same

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26.07.19



**DISTRIBUTION OF HOURS OF UNIT TEST AND INTERNAL ASSESSMENT TEST (TENTATIVE)**

WEEK	SESSION	HOURS/DAY AS PER COURSE	TOTAL HOURS/WEEK	ACTUAL UNIT TEST INTERNAL ASSESSMENT TEST HOURS TO BE PLANNED
11 TH	Unit test	4 unit test (2 unit test /subject)	1 hour /day . 4 hours/4 day and preparation for study.	As per WBNC rule.
11 th	Internal Assessment test for 2 subjects	2 hours / day/Subject	4 hours/week	As per WBNC rule.
17 th	Internal Assessment test for practical			10 students / day

N.B : Plan of Unit test and internal assessment test (theory and practical )may vary depends on situation .

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26.07.19

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**DISTRIBUTION OF CLINICAL HOURS WITH SUPERVISION (TENTATIVE)**

WEEK	SESSION	HOURS/DAY AS PER COURSE	TOTAL HOURS/WEEK	ACTUAL CLINICAL HOURS TO BE PLANNED
3 RD – 8 TH	Clinical experience (hospital duty)	4hours/ day X 5days = 20 hours And Saturday 4 hours 34 hours for 34 days.	136 hours	136hours

Total 34 days, 136 hours, 68 sessions for Hospital experience to be planned

N.B : Plan may vary depends on situation but clinical hours remains same

**DISTRIBUTION OF COMMUNITY HOURS WITH SUPERVISION IN BPHC (TENTATIVE)**

WEEK	SESSION	HOURS/DAY AS PER COURSE	TOTAL HOURS/WEEK	ACTUAL COMMUNITY HOURS IN BPHC TO BE PLANNED
12 th	Community experience(BPHC)	6 hours/day. 6 hours x6days	36 hours	36 hours
13 th	Community experience(BPHC)	6 hours / day X 4 days	24 hours	24 hours

Total 10 days , 60 hours, 30 sessions for BPHC to be planned

N.B : Plan may vary depends on situation but community hours(BPHC) remains same

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26.02.19,