

**SAMPLE MASTER ROTATION PLAN FOR PRTACTICAL EXPERIENCE**

<b>Group</b>	<b>District Hospitals</b>	<b>Block Primary Health Centre</b>	<b>Primary Health Centre</b>	<b>Sub Centre</b>
	<b>24 days</b>	<b>10 days</b>	<b>6 days</b>	<b>12 days</b>
<b>A</b>				
<b>B</b>				
<b>C</b>				
<b>D</b>				

**No of Group =4**

**Students in Group=15 .**

<b>District Hospital</b>	<b>Block Primary Health Centre</b>	<b>Primary Health Centre</b>	<b>Sub- Centre</b>
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**KEY SAMPLE AREA WISE ROTATION PLAN**

<b>DISTRICT HOSPITAL</b>		<b>BLOCK PRIMARY HEALTH CENTRE</b>		<b>PRIMARY HEALTH CENTRE</b>		<b>SUB CENTRE</b>	
<b>X</b>	Communicable Disease and non communicable diseases	<b>X</b>	Communicable Disease and non communicable diseases	<b>X</b>	Communicable Disease and non communicable diseases	<b>X</b>	Communicable Disease and non communicable diseases
<b>#</b>	Mental, Dental , care, Geriatric care, Eye and ENT	<b>#</b>	Mental, Dental , care, Geriatric care, Eye and ENT	<b>#</b>	Mental, Dental , care, Geriatric care, Eye and ENT	<b>A</b>	Care in pregnancy, Neonatal and Infant Health
<b>*</b>	Common illness and emergencies	<b>*</b>	Common illness and emergencies	<b>*</b>	Common illness and emergencies	<b>••</b>	Child Health & adolescent health, reproductive health and contraceptive devices
<b>A</b>	Care in pregnancy , Neonatal and Infant Health	<b>A</b>	Care in pregnancy , Neonatal and Infant Health	<b>A</b>	Care in pregnancy , Neonatal and Infant Health	<b>e</b>	Village Health & Nutrition day (VHND)
<b>••</b>	Child Health & adolescent health, reproductive health and contraceptive devices	<b>••</b>	Child Health & adolescent health, reproductive health and contraceptive devices	<b>••</b>	Child Health & adolescent health, reproductive health and contraceptive devices	<b>\$</b>	Home Visit
						<b>B</b>	Meetings and events in community

# TENTATIVE MASTER ROTATION PLAN FOR 06 MONTH BRIDGE COURSE OF COMMUNITY HEALTH NURSING

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	
Group A																											
B																											
C																											
D																											

COUNSELING HOURS	DISCUSSION WITH COUNSELORS	SELF STUDY HOURS	DH	UNIT TEST (18)	INTERNAL ASSESSMENT TEST(THEORY)	BPHC	PHC	SC	INTERNAL ASSESSMENT TEST (PRACTICAL)	GH	PREPARATORY LEAVE	TERM END EXAMINATION (THEORY)	TERM END EXAMINATION (PRACTICAL)
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**DISTRIBUTION OF THEORY CLASS HOURS SUCH AS COUNSELING HOURS (TENTATIVE)**

<b>WEEK</b>	<b>SESSION</b>	<b>HOURS/DAY AS PER COURSE</b>	<b>TOTAL HOURS/WEEK</b>	<b>ACTUAL COUNSELLING HOURS TO BE PLANNED</b>	<b>REMARKS IF ANY</b>
<b>1 ST</b>	<b>counselling</b>	<ul style="list-style-type: none"> <li>• 6 hours/day from Monday to Friday</li> <li>• 4 hours/day for Saturday</li> </ul>	<b>34 hours/ week</b>	<b>26 hours</b>	<ul style="list-style-type: none"> <li>• 1 st day: Admission , inauguration .</li> <li>• From 2 nd day to fifth day- 6 hours/day X 4days= 24 hours + 2 hours Saturday = 26 hours</li> </ul>
<b>2 ND</b>	<b>counselling</b>	<ul style="list-style-type: none"> <li>• 6 hours/day from Monday to Friday</li> <li>• 4 hours/day for Saturday</li> </ul>	<b>34 hours/week</b>	<b>32 hours</b>	<ul style="list-style-type: none"> <li>• Monday to Friday 6 hours X 5 days= 30 hours</li> <li>• Saturday 2 hours/day = 2 hours</li> </ul>
<b>3<sup>RD</sup> - 8 TH</b>	<b>counselling</b>	<b>2 hours/day from Monday to Friday</b>	<b>10 hours / week</b>	<b>60 hours</b>	<ul style="list-style-type: none"> <li>• 3 rd to 8 th week, 2 hours/ day x 5 days= 10 hours X 6 weeks = 60 hours</li> </ul>
<b>9 th</b>	<b>counselling</b>	<b>In 9 th week =6 hours / day , from Monday to Friday.</b> <b>In 9 th week = 4 hours/ day in Saturday</b>	<b>3 hours/ week</b>	<b>34 hours</b>	<ul style="list-style-type: none"> <li>• 9 th week, 6 hours /day X 5 days = 30 hours</li> <li>• In Saturday 4 hours= 4 hours</li> </ul>

**Total counselling hours :  $26 + 32 + 60 + 34 = 152$  hours (76 + 76 ) hours for 2 subjects to be planned to be covered .**

**N.B : Plan may vary depends on situation but counselling hours remains same**

**DISTRIBUTION OF THEORY CLASS HOURS SUCH AS SELF STUDY HOURS WITH SUPERVISION (TENTATIVE)**

<b>WEEK</b>	<b>SESSION</b>	<b>HOURS/DAY AS PER COURSE</b>	<b>TOTAL HOURS/WEEK</b>	<b>ACTUAL SELF STUDY HOURS TO BE PLANNED</b>
<b>2 ND</b>	<b>Self Study</b>	<b>In Saturday 2 hours / week</b>	<b>2 hours / week</b>	<b>2 hours</b>
<b>10 th week</b>	<b>Self Study</b>	<b>6 hours/ day from Monday to Friday 4 hours/ day in Saturday</b>	<b>34 hours/week</b>	<b>34 hours</b>
<b>16 th week</b>	<b>Self Study</b>	<b>6 hours/ day from Monday to Friday 4 hours/ day in Saturday</b>	<b>34 hours/week</b>	<b>34 hours</b>
<b>19 th- 23 rd</b>	<b>Self Study</b>	<b>6 hours/ day X 3 days</b>	<b>18 hours / week X 5 week</b>	<b>90 hours</b>

**Total self study hours : 2 + 34 + 34+ 90 = 160 hours (80 + 80 ) hours for 2 subjects to be planned for self study to be covered (Sanctioned self study hours under supervision).**

**N.B : Plan may vary depends on situation but self study hours under supervision remains same**

**DISTRIBUTION OF HOURS OF UNIT TEST AND INTERNAL ASSESSMENT TEST (TENTATIVE)**

<b>WEEK</b>	<b>SESSION</b>	<b>HOURS/DAY AS PER COURSE</b>	<b>TOTAL HOURS/WEEK</b>	<b>ACTUAL UNIT TEST INTERNAL ASSESSMENT TEST HOURS TO BE PLANNED</b>
<b>11 TH</b>	<b>Unit test</b>	<b>First 3 days , 6 hours / day X 3 day= 18 hours</b>	<b>18 hours</b>	<b>18 unit tests to be planned</b>
<b>11 th</b>	<b>Internal Assessment test for 2 subjects</b>	<b>3 hours / day</b>	<b>6 hours</b>	
<b>17 th</b>	<b>Internal Assessment test for practical</b>			<b>10 students / day</b>

**N.B : Plan of Unit test and internal assessment test (theory and practical )may vary depends on situation .**

**DISTRIBUTION OF CLINICAL HOURS WITH SUPERVISION (TENTATIVE)**

<b>WEEK</b>	<b>SESSION</b>	<b>HOURS/DAY AS PER COURSE</b>	<b>TOTAL HOURS/WEEK</b>	<b>ACTUAL CLINICAL HOURS TO BE PLANNED</b>
<b>3 RD – 8 TH</b>	<b>Clinical experience (hospital duty)</b>	<b>4 hours/ day X 6 weeks = 24 hours X 6 weeks</b>	<b>96 hours</b>	<b>96 hours</b>

**Total 24 days , 96 hours , 48 sessions for Hospital experience to be planned**

**N.B : Plan may vary depends on situation but clinical hours remains same**

**DISTRIBUTION OF COMMUNITY HOURS WITH SUPERVISION IN BPHC (TENTATIVE)**

<b>WEEK</b>	<b>SESSION</b>	<b>HOURS/DAY AS PER COURSE</b>	<b>TOTAL HOURS/WEEK</b>	<b>ACTUAL COMMUNITY HOURS IN BPHC TO BE PLANNED</b>
<b>12 th</b>	<b>Community experience(BPHC)</b>	<b>6 hours/day</b>	<b>36 hours</b>	<b>36 hours</b>
<b>13 th</b>	<b>Community experience(BPHC)</b>	<b>6 hours / day X 4 days</b>	<b>24 hours</b>	<b>24 hours</b>

**Total 10 days , 60 hours, 30 sessions for BPHC to be planned**

**N.B : Plan may vary depends on situation but community hours(BPHC) remains same**

**DISTRIBUTION OF COMMUNITY HOURS WITH SUPERVISION IN PHC (TENTATIVE)**

<b>WEEK</b>	<b>SESSION</b>	<b>HOURS/DAY AS PER COURSE</b>	<b>TOTAL HOURS/WEEK</b>	<b>ACTUAL COMMUNITY HOURS IN PHC HOURS TO BE PLANNED</b>
<b>13 th</b>	<b>Community experience(PHC)</b>	<b>6 hours/day x 2days</b>	<b>12 hours</b>	<b>12hours</b>

**Total 10 days , 60 hours, 30 sessions for PHC to be planned**

**N.B : Plan may vary depends on situation but community hours (PHC) remains same**

**DISTRIBUTION OF COMMUNITY HOURS WITH SUPERVISION IN SC (TENTATIVE)**

<b>WEEK</b>	<b>SESSION</b>	<b>HOURS/DAY AS PER COURSE</b>	<b>TOTAL HOURS/WEEK</b>	<b>ACTUAL COMMUNITY HOURS IN SC HOURS TO BE PLANNED</b>
<b>14 th - 15 th</b>	<b>Community experience(SC)</b>	<b>6 hours/day x 6days X 2 weeks</b>	<b>72 hours</b>	<b>72hours</b>

**Total 12 days , 72 hours, 36 sessions for SC to be planned**

**N.B : Plan may vary depends on situation but community hours(SC) remains same**



**DISTRIBUTION OF DISCUSSION WITH COUNSELORS HOURS (TENTATIVEE)**

<b>WEEK</b>	<b>SESSION</b>	<b>HOURS/DAY AS PER COURSE</b>	<b>TOTAL HOURS/WEEK</b>	<b>ACTUAL DISCUSSION WITH COUNSELORS HOURS TO BE PLANNED</b>
<b>1 st week</b>	<b>Discussion with counsellors</b>	<b>2 hours Saturday</b>	<b>2 hours</b>	<b>2hours</b>
<b>19 th – 23 rd</b>	<b>Discussion with counsellors</b>	<b>6 hours for 2 days and 4 hours for 1 day(16 hours) X 5 weeks</b>	<b>16 hours X 5 weeks =80 hours</b>	<b>80 hours</b>

**Total 82 hours, for discussion with counselors to be planned**

**N.B : Plan may vary depends on situation , here extra hours of discussion with counsellors is planned but it is changeable as per situation.**

- **1 week GH to be planned.**
- **24 th week and 4 days in 25 th week to be planned for preparatory leave.**
- **Rest 2 days of 25 th week TEE (Theory) to be planned**
- **26 th week TEE ( practical) to be planned**

**N.B : Plan may vary depends on situation**